

# NOTEWORTHY

News from the Lecky-Springer Music Studio



*Inside this issue:*



## RECITAL RECAP

What an amazing performance our students gave at this year's recital! See below for highlights and links to pictures and the live Facebook video stream.

## GOING SOCIAL

Lecky-Springer Music Studio is going SOCIAL. Be sure to check out our Instagram, Facebook and soon-to-premiere YouTube Channel.

## TOOLS FOR SINGERS

Learn about different tools each singer should have in their SINGER'S SACHEL. These are the singer's tools for success and I strongly encourage you to have these on hand when practicing

## SPRING RECITAL 2021

*Stunning performances by all!*

Several students participated in our first live recital in well over a year! We had selections from some classic musical theatre shows, as well as contemporary and baroque opera, and even an original song by one of our graduating seniors.

Pictures from the event can be found on the [studio website](#) and video from the recital is still available (via Facebook live) on the studio's [Facebook page](#).



**Pictured above:** Graduating Seniors, Isabelle and Kerri with Karen Lecky-Springer



# THE SINGER'S SATCHEL

by Karen Lecky-Springer

After many years of teaching, I have come to find many useful tools, or "tricks of the trade," that singers can employ to conquer nearly any technical hurdle. Most of my students have encountered these tools in some shape or form in our lessons.

Having difficulties managing your core while singing? Try an exercise band! What about posture and flexibility of the spine? Perhaps a Yoga Ball will do the trick! And of course, we can't forget the ever important straw exercises!

Below you will find the most frequently used tools that I strongly encourage *every singer* to have in their SINGER'S SATCHEL.

## ASK AND YOU SHALL RECEIVE

Are you eager to ask me a question? I am looking for topics that are relevant to today's students and want your input!

I want to hear your questions regarding singing, auditioning, classical or musical theatre college and summer programs, vocal technique, vocal health, acting for singers, stage fright, or anything else you as a singer are struggling to understand and want to learn more about. These questions will become the topic of the studio's YouTube Channel, newsletter articles, and/or blog posts.

Simply send your questions to [kleckyspringer@gmail.com](mailto:kleckyspringer@gmail.com)

I look forward to hearing what is on your mind!



Singers who regularly practice with these tools find it easier to obtain their optimum voice for singing. These tools encourage performers to use their voice in the most efficient manner and are great for not only healthy instruments, but ones that are recovering from sickness, surgery, and overuse.

Will you be bringing your SINGER'S SATCHEL to your next lesson or performance?



**Pictured above:** [TheVoiceStraw and Cups](#), wine corks, kazoo, chopsticks, lozenges, yoga mat, exercise mat, exercise band, yoga ball, Barre3 ball, "Flow-ball" by PowerBreathe, pencils, peanut ball, 36-inch foam roller, and expandable balls.